



# Getting the NSF Moving

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Kent Acquired Brain Injury Forum  
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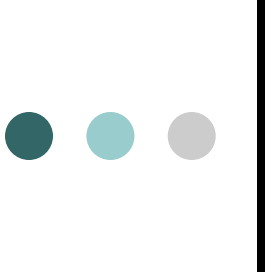


## What does the Care Services Improvement Partnership (CSIP) do?

- CSIP is commissioned by the Department of Health (DH) and local Strategic Health Authorities (SHA)

CSIP role is to

- help to make national policies work locally
- promote the improvement of services to lead to higher quality care for the people who use them
- support change



CSIP will become a partnership of four national improvement programmes delivered through eight regional centres

- 1) social care
- 2) mental health
- 3) children and young people
- 4) health of offenders

# Delivering support through 8 Regional Development Centres





## **National Service Framework for Long Term Neurological Conditions (NSF)**

- Launched March 2005 with 10 year implementation timescale
- New Style NSF – no national targets, no ring-fenced money – requires locally agreed implementation plan and milestones
- Focus on neurological conditions
- It seeks to transform health and social care provision for people with long term neurological conditions (LTNC)

## What are the Eleven Quality Requirements (QRs)?

They can be broadly grouped into

- Person centred services (QR1)
- Prompt diagnosis, appropriate referral and treatment (QRs 2, 3)
- Early and specialist rehabilitation, community and vocational rehabilitation, adjustment and social integration (QRs 4,5,6)
- Provision of equipment and accommodation, life-long care and support (including palliative care, end-of-life care and care while receiving treatment for other reasons) for people with these conditions and their families and carers (QRs 7, 8, 9,10, 11)



## National Service Framework

Ten quick wins –

- Identify PCT, SHA and Social Services leads
- Establish a local implementation group
- Information and advice e.g. information prescriptions/ access toolkit/ user-led organisations
- Local provision of self care and self management
- Integrated or single assessment
- Specialist expertise – right people, right place, right time
- 18 week referral to treatment pathways [www.18weeks.nhs.uk](http://www.18weeks.nhs.uk)
- Establish integrated community rehabilitation and support
- Specialist home care and community services
- CSIP NSF website [www.longtermconditions.csip.org.uk](http://www.longtermconditions.csip.org.uk) self assessment tool



## Where are we now?

- The NSF has primarily been nationally driven
- There is now a new phase of local delivery with much greater emphasis on local health and social care and third sector driving change
- The NSF needs to be integrated into NHS; Social Services and third sector activity locally
- The National Service Framework for Long-term Neurological Conditions: national support for local implementation 2008, DH [www.dh.gov.uk](http://www.dh.gov.uk)



## Key opportunities, levers and incentives

- NHS next stage review (Lord Darzi's review of the NHS)  
– long term conditions [www.ournhs.nhs.uk](http://www.ournhs.nhs.uk)
- Public Service Agreement targets/ Local Area Agreements  
e.g. NI124 people with a long term condition supported to be independent and in control of their condition
- Regulation by the joined up Healthcare Commission and Commission for Social Care Inspection



## Key opportunities, levers and incentives

- Joint Strategic Needs Assessment  
[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_081097](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_081097)
- Transforming Social Care  
e.g. individual budgets and self care
- Disabled people/ Families/ Carers voices
- Third sector partnerships
- National Stroke Strategy  
<http://www.dh.gov.uk/en/Healthcare/NationalServiceFrameworks/Stroke/index.htm>



## Department of Health NSF Activity

- **Workforce**

- 1) Development of an LTNC workforce

“Long Term Neurological Conditions: a good practice guide to the development of the multidisciplinary team and the value of the specialist nurse” resource pack launched May 2008

- 2) Skills for health NSF competences

Defines the skills required to deliver services in NSF

[www.skillsforhealth.org.uk](http://www.skillsforhealth.org.uk)



## Department of Health NSF activity

- **Neurological minimum data set - 2010**

A set of data items easily extracted from NHS record system and useful for epidemiological data and clinical indicators.

Inform the joint strategic needs assessment

- **Liverpool care pathway - 2009**

Neurological Liverpool care pathway commissioned by the End of Life Care national programme

[www.mcpcil.org.uk](http://www.mcpcil.org.uk)



## Department of Health NSF activity

### NSF research programme (six original)

[www.ltnc.org.uk](http://www.ltnc.org.uk)

- Integrated services: impact of NSF
- Needs & experiences of people with progressive neurological conditions
- Carer support needs
- Palliative care needs in late stage
- Transition into adulthood of men with Duchenne MD
- Fitness enablement programme for neurological conditions



## **Department of Health NSF activity**

### **NSF Research Programme - 2010**

Four more projects will be commissioned in 2008.  
The overall programme is due to end in 2010

### **MS Society audit tool quality neurology - 2009**

MS Society leading a project with the Motor Neurone Disease Association, Parkinson's Disease Society, Ataxia UK and York University to develop an audit tool for local commissioners to measure NSF implementation placing people who use services & carers at the centre of the assessment process [www.ltnc.org.uk](http://www.ltnc.org.uk)



## Other NSF specific resources and initiatives.....

### Care planning guidance (2005)

- Good care planning for people with long term conditions: September 2005. Tools to deliver care plans with the person at the centre

[http://www.networks.nhs.uk/uploads/2005\\_Oct/CarePlanningReportSep05.pdf](http://www.networks.nhs.uk/uploads/2005_Oct/CarePlanningReportSep05.pdf)

### Vocational rehabilitation

- Multi-agency guidance on vocational rehabilitation for long term neurological conditions [www.bsrm.org.uk](http://www.bsrm.org.uk)
- Survey to map vocational rehabilitation services – 2007 [www.longtermconditions.csip.org.uk](http://www.longtermconditions.csip.org.uk)



## **Other NSF specific resources and initiatives.....**

### **Good practice guide**

- Examples of good practice – updated 2008  
Examples listed under each quality requirement
- Costings paper  
Summary of reports on cost benefit of implementing  
some quality requirements

[www.dh.gov.uk/en/Policyandguidance/Healthandsocialcaretopics/Longtermconditions/Bestpractice/index.htm](http://www.dh.gov.uk/en/Policyandguidance/Healthandsocialcaretopics/Longtermconditions/Bestpractice/index.htm)



## Other NSF specific resources and initiatives.....

### Information

- 'Information Access toolkit' (2007)

Web based toolkit funded by DH and produced by the 'Brain & Spine Foundation' focusing on information aspects of the NSF [www.brainandspine.org.uk](http://www.brainandspine.org.uk)

- 'Getting the best from neurological services' (2006)

Overview of services for people with neurological conditions produced by the Neurological Alliance with DH

### Funding

[http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH\\_077186](http://www.dh.gov.uk/en/Publicationsandstatistics/Publications/PublicationsPolicyAndGuidance/DH_077186)



## Examples of some national programmes planning to deliver improved outcomes for people with LTNC

- 18 week referral to treatment pathways  
[www.18weeks.nhs.uk](http://www.18weeks.nhs.uk)
- World class commissioning
- NHS next stage review (Lord Darzi review of the NHS)
- NHS operating framework
- Local Area Agreements (LAA)
- Choice and self care
- Equality impact assessment



## Examples of some national programmes planning to deliver improved outcomes for people with LTNC

- Information prescriptions [www.informationprescription.info/](http://www.informationprescription.info/)
- Stroke Strategy
- Individual budgets  
[http://www.dh.gov.uk/en/SocialCare/Socialcarereform/Personalisation/Individualbudgets/DH\\_4125774](http://www.dh.gov.uk/en/SocialCare/Socialcarereform/Personalisation/Individualbudgets/DH_4125774)
- User led organisations  
<http://www.dh.gov.uk/en/SocialCare/Socialcarereform/Userledorganisations/index.htm>
- End of life care
- LINKs  
[http://www.dh.gov.uk/en/Managingyourorganisation/PatientAndPublicinvolvement/DH\\_076366](http://www.dh.gov.uk/en/Managingyourorganisation/PatientAndPublicinvolvement/DH_076366)



## **In summary: ‘How do we get the NSF moving?’**

- Identify local people who can make it happen
- Establish a partnership board or local implementation team
- Agree a work programme with all stakeholders that will address local gaps and deliver outcomes locally e.g. care pathways; vocational rehabilitation
- Use the national support for local implementation tools and information
- Make local links with other national initiatives
- Keep talking to people